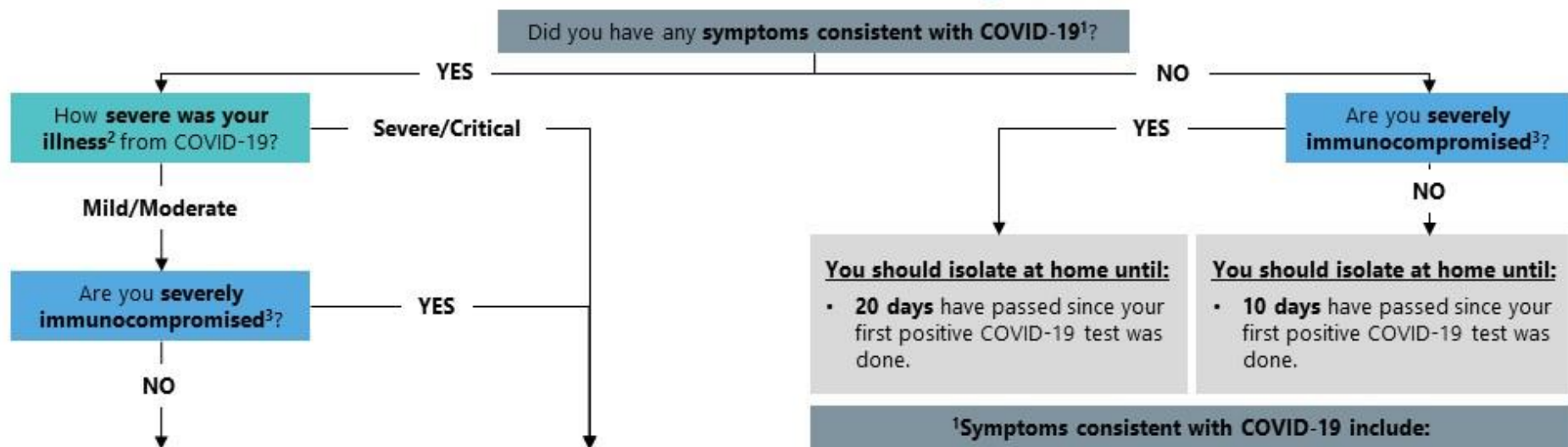


How long should I isolate at home if I tested positive for COVID-19?



You should isolate at home until:

- **20 days** have passed since your first positive COVID-19 test was done.

You should isolate at home until:

- **10 days** have passed since your first positive COVID-19 test was done.

- ¹Symptoms consistent with COVID-19 include:**
- Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Nausea or vomiting
 - Diarrhea

²How severe was your illness from COVID-19?

Mild/Moderate means you:

- Were not admitted to the intensive care unit (ICU)

Severe/Critical means you:

- Were admitted to the intensive care unit (ICU)

³Severely immunocompromised means you have:

- Been taking chemotherapy for cancer recently;
- HIV and a CD4 T-cell count <200;
- An immunodeficiency disorder;
- Been taking high-dose steroids (like prednisone 20 mg/day for > 14 days); **or**
- Another condition that a healthcare provider has told you makes you severely immunocompromised.

You should isolate at home until:

- At least **10 days** have passed since your symptoms first started **and**
- At least 24 hours have passed since your fever resolved (without the use of medication) **and**
- Your other symptoms have improved.

You should isolate at home until:

- At least **20 days** have passed since your symptoms first started **and**
- At least 24 hours have passed since your fever resolved (without the use of medication) **and**
- Your other symptoms have improved.



**Maricopa County
Public Health**

Additional Home Isolation Guidance is on the other side of this sheet.
 For more information visit: [Maricopa.gov/COVID](https://www.maricopa.gov/COVID)
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